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"SCREENING & MANAGING
SLEEP APNEA & TMJ DISORDER"
with Mayoor Patel, DDS, MS

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Concord Dental & Medical Seminars announces
A CONTINUING EDUCATION COURSE
for the Entire Dental Team!

The Dental Team's Role in Screening & Managing SLEEP APNEA and TMJ DISORDER

with

MAYOOR PATEL
D.D.S., M.S.



FRIDAY, DECEMBER 4, 2026
Salem, Massachusetts

SATURDAY, DECEMBER 5, 2026
Concord, New Hampshire

About The Speaker



Dr. Mayoor Patel received his dental degree from the University of Tennessee in 1994. After graduation he completed a one-year residency in Advanced Education in General Dentistry (AEGD). In 2011 he completed a Masters in Science from Tufts University in the area of Craniofacial Pain and Dental Sleep Medicine. Dr. Patel has earned a Fellowship in the American Academy of Orofacial Pain, American Academy of Craniofacial Pain, the International College of Craniomandibular Orthopedics, the Academy of General Dentistry and the Pierre Fauchard Academy. He also has earned Diplomate in the American Board of Dental Sleep Medicine, American Board of Orofacial Pain, American Board of Craniofacial Pain and American Board of Craniofacial Dental Sleep Medicine.

Presently, Dr. Patel is a cofounder of the British Academy of Dental Sleep Medicine, Ben-Pat Institute and a visiting faculty at Tufts University. He also served on the American Academy of Craniofacial Pain as secretary, board member of the British Society of Dental Sleep Medicine, and a board member and as examination chair for the American Board of Craniofacial Pain and Craniofacial Dental Sleep Medicine. In the past has served as a founding and board member of the Georgia Association of Sleep Professionals.

Since 2003, Dr. Patel has limited his practice to the treatment of TMJ Disorders, Headaches, Orofacial Pain and Sleep Apnea. Additional contributions have been published a textbook for Dental Sleep Medicine and numerous textbook chapters on orofacial pain and dental sleep medicine, consumer books, one on treatment options for sleep apnea and the other on understanding temporomandibular disorders, and various professional and consumer articles.

Dr. Patel speaks nationally and internationally on topics of dental sleep medicine, Orofacial pain and TMJ disorders.

The speaker receives no support from any commercial organization and does not promote any commercial products or sell any tapes, books, instruments, forms or other materials for this course.

Who Should Attend?

This course is ideal for dentists and dental hygienists looking to expand their knowledge in sleep breathing disorders and orofacial pain management. It offers practical, actionable strategies that can be implemented immediately in your practice to improve patient care.

Seminar Locations

FRIDAY, DECEMBER 4, 2026
Salem Waterfront Hotel & Suites
225 Derby St • Salem, MA 01970
(978) 740-8788

Day of Parking: ***Complimentary.*** Use event lot at 24-B Congress Street. Complimentary passes will be emailed prior.
Rooms: Ask for best available rate when reserving.

SATURDAY, DECEMBER 5, 2026
Grappone Conference Center
70 Constitution Ave • Concord, NH 03301
(603) 225-0303

Day of Parking: ***Complimentary.*** Use open lots.
Rooms: Ask for best available rate when reserving at Courtyard by Marriott.

Confirmations will be emailed two weeks prior to the seminar. Please provide a valid and unique email for all attending registrants.

What others are saying about this speaker:

"Dr. Patel was very engaging and presented the material in a way that was easy to understand."
~Keith H. (Webinar Attendee)

"Dr. Mayoor Patel was extremely knowledgeable and interactive. He kept me interested during the entire presentation."
~ Brittany M. (Webinar Attendee)

"I enjoyed Dr. Mayoor Patel's passion about the topic"
~Jelani H. (Webinar Attendee)

"I liked Dr. Mayoor Patel's ability to make the information easy to absorb" *~ Webinar Attendee*

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8 CEUS

7:45 am - 8:30 am
Registration & Continental Breakfast

12:30 - 1:00 pm
Lunch Included

8:30 am - 5 pm
Course Hours

8 CEUS

AM: Sleep Breathing Disorders and Dentistry's Role

Course Description

Sleep breathing disorders, such as Obstructive Sleep Apnea (OSA), are often overlooked but have significant implications for overall health. As a common disorder, the exact prevalence of sleep apnea can vary depending on the population studied and diagnostic criteria used. It is estimated that sleep apnea affects a significant portion of the population worldwide.

In the general population, the prevalence of sleep apnea in adults is estimated to be around 9% to 38%. However, the prevalence may be higher in certain groups, such as older adults and those with obesity. It is also more prevalent among men than women. Yet the gap narrows after menopause.

It's worth noting that many cases of sleep apnea remain undiagnosed or misdiagnosed, so the true prevalence may be higher than reported. Additionally, the field of sleep medicine continues to evolve, and new research and diagnostic techniques may lead to updated prevalence estimates in the future.

By implementing the management of sleep apnea, dentists have the potential to improve patients' quality of life significantly. The identification and treatment of sleep apnea can lead to enhanced sleep quality, reduced daytime fatigue, and a decreased risk of associated systemic conditions such as hypertension, cardiovascular disease, and diabetes.

This session will focus on:

- **Understanding Sleep Breathing Disorders:** Learn about the types of sleep breathing disorders, with a focus on how they affect both systemic and oral health.
- **Dentistry's Role in Screening and Treatment:** Discover how dental professionals, particularly dentists and hygienists, can play a crucial role in the early detection and management of these conditions. We will explore the role of oral appliances, patient education, and how to work collaboratively with sleep specialists.
- **Clinical Integration:** Practical tips on how to incorporate sleep assessments into routine hygiene appointments, and how to educate patients on the risks and symptoms of sleep-related breathing issues.

Learning Objectives

Upon successful completion of this program, participants will be able to:

- Identify the signs of sleep breathing disorders during dental visits.
- Understand the process of sleep study referrals and the role of oral appliances in treatment.
- Learn how to improve patient outcomes through early intervention.

PM: Orofacial Pain – An Interdisciplinary Approach

Course Description

Orofacial pain can be a complex and multifaceted issue, affecting the temporomandibular joint disorder (TMD), muscles, and nerves. The prevalence of orofacial pain can vary depending on the specific type of pain and the population being studied. For example, TMD, which refers to a group of conditions affecting the jaw joint and associated muscles, varies widely with estimates ranging from 5% to 12% of the population. It includes symptoms such as jaw pain, clicking or popping jaw joints and difficulty in opening or closing the mouth.

Craniofacial and orofacial pain are common but often underdiagnosed and undertreated conditions that can significantly affect a patient's quality of life. Dentists are uniquely positioned to identify and manage these types of pain, making continuing education in this field critically important.

This session will cover:

- **Introduction to Orofacial Pain:** Gain a foundational understanding of the types of orofacial pain, including TMJ disorders, neuropathic pain and headaches.
- **Recognizing Orofacial Pain in the Dental Setting:** Learn how dentists and hygienists can identify common signs and symptoms of orofacial pain, and how to differentiate it from other dental conditions.
- **Treatment Options and Referrals:** Explore treatment modalities ranging from occlusal therapy to myofascial release techniques. We'll also discuss when and how to refer patients to specialists for further management.
- **Patient Communication:** Strategies for discussing orofacial pain with patients and managing their expectations during treatment.

Learning Objectives

Upon successful completion of this program, participants will be able to:

- Review of TMJ anatomy and associated structures.
- Learn to diagnose the most common orofacial pain conditions seen in dental practice.
- Understand how to evaluate a pain patient, from questions to palpation.
- Learn to differentiate when a toothache is not a toothache- avoid unnecessary treatment.

"Dr. Patel's sessions will include a lecture format to present the subject information incorporating numerous clinical examples to highlight the material. Personal anecdotes, lessons learned, and audience participation will accentuate key points. The interactive approach will include opportunities to ask questions, share information, and have further discussions throughout the day."

COURSE DETAILS

TUITION (Per Person)

$310 - Dentists
$205 - Hygienists & Auxiliaries
$180 - RDH & Aux register & attend w/ Dentist*
*(*Staff rate applicable only when Dentist pays full price & registers at the same time)*

Add $15/person if registering after 11/27/26.

Register Online / Phone / Mail

EARLY BIRD TUITION
Save **$10**/person
when registering on or before
August 1
Dr. = $300
RDH/Aux = $195
Staff = $170

INCLUDES: Continental breakfast, coffee break, lunch, dessert break, bound course manual & certificate for **8 CEUs.*** ** 8 CEUs are awarded based on attendance of entirety of lecture. Late arrival or early departure will result in adjustment of credit.*

REFUND POLICY: Full refund less $75/person non-refundable deposit with an emailed or written cancellation received NO LATER than **11/27/26**. No refund will be given after that date. A 2 year credit *(with $75/person administration fee)* for another seminar will be issued.

CDS reserves the right to cancel this seminar at any time with no liability to registrants other than full refund of registration fee. CDS is responsible for the seminar, but not for the accommodations, travel or personal services required in connection with the program. In the event of an "act of God" leading to the cancellation of this seminar, the following options are available. If CDS reschedules the course within 90 days, you may: (A) re-register at no additional charge; or (B) receive a credit good for two years. No refunds for rescheduled "act of God" cancellations.

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REGISTRATION FORM

Cost: **$310** for Dentists / **$205** for RDHs and Aux. / U.S. Funds
$180 for RDHs + Aux. registering & attending w/ Dentist
Early Bird Rate: Deduct $10/registrant if before **8/1; *Late Fee:*** Add $15/registrant if after **11/27/26**
Please *clearly* enter your name as it appears with the State Board of Dental Examiners for your CE credit.

Refunds / Cancellation Dates: Please see policy above. By registering, you agree to the Terms of Policy.

I WILL BE ATTENDING:
☐ **12/4/26 • *Salem, MA***
☐ **12/5/26 • *Concord, NH***

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3. **By phone:** ***(603) 736-9200***

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